

Chatterton Hey

Drug Rehabilitation Centre

Chatterton Hey is a Registered Care Home for drug dependent males aged 18+. It is a large house with outbuildings set in 13 acres of gardens in a rural situation on the edge of the Pennines, 12 miles from Manchester. We specialise in supporting substance misusers who are ex-offenders, at risk of offending or homeless.

Accommodation and facilities

16 shared and single bedrooms, snooker and table tennis, regular access to a local gym, fully fitted kitchen, minibus.

Activities

Counselling, relapse prevention, relaxation techniques (eg. acupuncture, on-site educational support, art therapy, cookery, gardening and DIY, weekly football and swimming, Sky television.

Length of Programme

The primary phase of the programme runs for 13 weeks. The focus is on addressing addiction problems and achieving a stable, structured daily pattern of living. The second phase of treatment is tailored to individual need and funding requirements and can last from 3 to 9 months. Clients gradually build involvement with the local community through a tailored programme of educational and social activities and voluntary work placements, building self-esteem and gaining the confidence and skills to resettle back in society.

Staffing

Qualified and experienced therapeutic staff manage and run the programme and include a therapeutic team leader and counsellors. Full-time residential staff provide 24 hour cover for the home. Staff share a Christian value base, enhancing the quality of care.

The Programme

The Langley House Approach provides a safe, drug and alcohol free environment in which residents are encouraged to develop both self-awareness and personal responsibility. This is done by looking at the individual as a whole. This holistic approach focuses on the biological, psychological, sociological and spiritual elements of the 'Human Being'. Addiction negatively impacts on all these elements.

The Programme has a multi-disciplinary team of counsellors who work under a framework known as the Minnesota Methodology which uses the principles of a 12 Step abstinence based model. The Counsellors use their knowledge, skill and experience to select the most suitable counselling models for each individual, this enhances the therapeutic process and provides a positive long term outcome for the resident.

Peer support is a vital element of our approach: residents who have faced the same issues offer understanding and support. We also encourage attendance at NA or other mutual support meetings which provide lifelong and free support, 24 hours a day.

Conduct

- The home is strictly drug and alcohol free.
- Random testing for drugs and alcohol is carried out.
- Physical violence will not be tolerated.
- All money and medication must be handed to staff and personal expenditure is supervised.
- Residents are required to stay on site for the first three months unless accompanied by a staff member or appointed senior resident.

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Visitors

Family visits are at staff discretion. There are regular times for Visitors. Alternative arrangements can be made for residents with children or where there are special circumstances.

Conditions

Residents must be drug-free on the day of admission. In some instances, residents must have completed a detoxification programme before admission.

Referral Procedure

Referrals are welcomed from anyone who needs to address their drug problem in a residential setting. Chatterton Hey can accept residents voluntarily or on Bail, Probation, Parole or other order of the court. The project takes referrals from across the UK. Referrals will normally be made by a Probation Officer, drug counsellor or other professional worker.

Completed application forms together with copies of relevant reports, including criminal record, and written self assessment should be sent directly to Chatterton Hey.

Applicants at liberty will be asked to attend for an interview which provides an opportunity to meet staff and other residents. Admission thereafter can be arranged within 48 hours, provided there is written confirmation of funding. Applicants in custody will normally be assessed on the basis of the application form, accompanying reports and an assessment by a member of our Therapeutic Team.

Diversity

Chatterton Hey is committed to promoting equality and valuing diversity. Religion, race, nationality or sexual orientation will not be part of the selection criteria. We will challenge any discriminatory attitude within the house. Religion is not a part of the programme but there will be opportunities to explore personal spirituality.

Further Information

Staff at Chatterton Hey welcome informal enquiries from those considering making a referral. If you require further information, please write or phone.

Prospective residents are welcome to visit the project by prior appointment, as are Drugs Workers, Probation Officers, Social Workers, Sentencers and other professionals.

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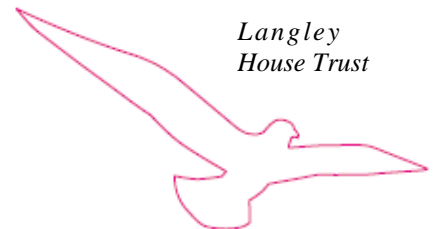
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Registered Charity No. 290059

Registered Housing Association No. H4250

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