

# Wing Grange

**Wing Grange, a Registered Care Home set on the edge of the village of Wing in Rutland, specialises in working with ex-offenders who have learning and behavioural difficulties and/or mental health problems.**

## Accommodation

Accommodation is available for twenty men aged 18 plus (12 care beds and 8 unregistered bed spaces) in a large Victorian house set in 22 acres of land.

- Main House – there are 2 double rooms and 8 single rooms one of which is en-suite. All rooms have wash basins. There are 4 shower/bathrooms.
- The Annex – 5 bedrooms 2 shower/bathrooms and a room for coffee and tea making.
- South Barn Flat – move-on accommodation, self-catering. There are 3 bedrooms, spacious lounge, kitchen/dining room and bathroom with shower.

## Facilities – In the main house

There is a kitchen, dining room, Daily living skills kitchen, Conservatory. T.V. Lounge and smoking lounge and Keyworking room. There is a games room with full size snooker table and separate facilities for table tennis.

Meals are provided and laundry facilities are available.

### Training facilities

Wing Grange offers a structured programme of training and rehabilitation. This programme is developed in conjunction with individuals, to meet their identified needs that are highlighted in their care plans.

The training is linked with the local college to provide opportunities on site and at the college. The range extends from adult basic education and I.T. skills to leisure based activities. Wing Grange is an accredited National Proficiency Test Council centre. This enables training and assessment to take place on a large range of skills including horticulture, hotel & catering, independent living skills, construction and employment skills.

Training is available in the kitchens where residents are involved in the preparation of meals and at the horticulture training unit which provides opportunities to build confidence and develop work ethics, as appropriate. Group work is offered to address areas of need such as assertiveness training, social skills development and offending behaviour.

## Local Community

Wing is a small village with a general store/post office, a church and a pub. Good links are maintained with the local community colleges and adult education workers. There is a limited bus service, but the house mini bus visits Oakham market on Wednesday and Saturday. The nearest rail station is Oakham connecting to Peterborough and Leicester, which also have coach stations.

## Staff

There are twelve full-time staff who provide 24-hour cover. They seek to facilitate and enable the residents to reach their full potential.

## Conduct

Residents are asked to sign a Resident Licence Agreement on arrival at the house. Rules are at a minimum, but some are necessary:

- Behaviour to one another and guests is expected to be of a reasonable standard.
- Alcohol and drugs are not allowed inside the house and violence of any kind is unacceptable.

- Guests are not allowed inside the residents bedrooms.
- Residents are expected to take part in the Training Programme as agreed through their individual care plans.
- Residents are encouraged to keep their rooms clean and keep communal areas reasonable tidy. Bed linen and towels are provided.

## Length of stay

This is dependent on the individual need. Staff work alongside other agencies to assist with any move-on from Wing Grange whenever possible.

## Equal Opportunities

Wing Grange is committed to achieving equal opportunities for all. Religion, race, nationality, disability, age and sexual orientation will not be part of the selection criteria. We will challenge any discriminatory attitude within the house.

## Referrals

Referrals in the first instance should be made to Wing Grange. The level of risk to the public staff and residents will be the principle determining selection.

Referrals can be made through Social Services Mental Health/Health Authority and or Probation.

## For further information

Staff at Wing Grange welcome informal enquiries from those considering making a referral. Prospective residents are encouraged to visit the home by prior appointment, as are Probation Officers Social Workers, sentencers and other professionals.

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