

THE SUPPORTER MAGAZINE OF LANGLEY HOUSE TRUST

W R I T I N G S I E

UNDER CONSTRUCTION

SPRING 2023

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Welcome

Your voice and support will only make the work that Langley does, stronger and more far-reaching than we could ever hope for. So, I would like to invite you onto our journey.

Welcome to the Spring 2023 edition of Breakout. I love Spring. Everything seems so new. The days get lighter and warmer. New flowers spring up everywhere. There is just a feeling of hope and expectancy for the days ahead.

This is not the feeling that I get when I am working out in my garage gym during the dreary mornings and dark evenings. However, I know that what I am working on in the times when things might seem to be tough, in those moments that I would rather curl up and watch TV, they will build stronger foundations for the next season.

This is the season that we find ourselves in as Langley. We have been around the block a few times, gained a lot of experience, and now, working away out of the public view, we are looking at how we can change and adapt in a world that is fast-moving and very different from the world that we first encountered 65 years ago.

This edition of Breakout might look very different from those you have previously read. Langley is 'under construction' and developing some very exciting new things behind the scenes of our own 'garage'. We do hope that you will help us along the way. Your voice and support will only make the work that Langley does, stronger and more far-reaching than we could ever hope for.

So, I would like to invite you onto our journey into what Langley might look like in this next season.

Dawn

Dawn Savidge
Head of Church &
Supporter Engagement

Langley is 'under construction' and developing some very exciting new things behind the scenes of our own 'garage'

“Change is inevitable. Growth is optional”

John Maxwell



An update from our
CHIEF EXECUTIVE

We live in a fast-changing world economically, which seems to derive from the changing expectations and norms in our society. Langley House Trust exists in this ever-changing environment. We see both reactive and proactive changes. Of course, we must react to the changing circumstances we find ourselves in. However, change can be planned and chosen.

Langley House Trust is not just reshaping itself. The leaders of Langley want it to be modern and relevant for today. However, they see it as a learning organisation that will develop the focus on Langley's mission of helping to change clients' lives for good. We also have a goal to become a partner organisation which employees and clients will choose.

This edition of Breakout is considering the subject of 'under-construction'. As I write this, I am looking at the foundations and brickwork on a new conservatory in my garden. The conservatory will (hopefully) have an end point, but I already see myself and others sitting in the finished building enjoying the view into the garden. But some change doesn't have such a defined end point.

The growth of an organisation is like that once one action plan is finished, once one strategy is achieved, we move on to developing another, seeing step-by-step the organisation as a whole and its component parts develop and grow. It is only when you look back you can see this step-by-step growth and development.

You will not be surprised to hear that Langley House Trust has developed a number of plans and strategies for 2023 and beyond at both at a national and a local level. No doubt some of those plans will be changed and revised on the way. But I pray that during 2023 we will see God's plans for Langley come to fruition and will, in a year's time, be able to see even positive developments and growth to this most loved organisation. But let's not just be focussed on the outcomes of growth, but to also enjoy the journey of growth and the scenery on the way!

Tracy

Tracy Wild
Chief Executive
Langley House Trust



It is with both sadness and a sense of anticipation that I write this.

Clean Sheet became part of the Langley House Trust Group in 2019. Before that point, Clean Sheet had been a small, independent charity helping men and women with convictions to find work. They had a strong track record of delivering outcomes but really needed the help of a larger organisation to provide support with infrastructure (such as HR, IT and finance) and financial help. This was especially the case as Clean Sheet's Founder, Jane Gould Smith, was planning to retire and hand over the reins.

As a result, Clean Sheet approached Langley and after several conversations, Clean Sheet became part of the Langley Group in 2019. My journey with Clean Sheet started here and I moved over from Langley to become Clean Sheet's Chief Operating Officer.

It has been such a journey since then. The Covid pandemic hit in 2020 which turned everyone's world upside down. We faced major challenges as a charity, especially in securing funding to keep working with our members (people with convictions). Langley's support was vital and helped us to survive that massive storm.

Since then, we have also been growing and developing as a charity to better support men and women to overcome the barriers they face when trying to find work with a conviction. In 2022, we were delighted to be awarded the Queen's Award for Enterprise – the most prestigious business award in the country, for promoting opportunity through social mobility. In the five years measured by the award, we helped over 1100 people with convictions to find work, undertake training or to set up their own business.

Life, as we all know, is constantly changing and nothing stays the same for long. In November 2022, the Langley

Group Board took time out to consider Langley's future direction. Langley has always thrived in delivering government funded housing services and after much consideration, Langley decided that this was the way forward for them even more. As a result, Langley decided that Clean Sheet would come out of the Langley Group as of the 1st of April 2023 and be its own independent charity again.

This is a big change for us as a charity. It will mean stepping out and standing on our own two feet. It's both daunting and exciting all at once! There is also sadness. We are indebted to Langley for their support. They have been an amazing 'parent' and we wouldn't be in the place we are now without their help.

Thank you too for being part of the Clean Sheet story through your support of Langley over the years; whether you've given pounds or prayers, the support has been a blessing!

Thankfully, we're not quite disappearing into the sunset! If you would like to continue with us on our Clean Sheet journey, please let us know – we would love to stay in touch and keep you updated via our Clean Sheet news: email info@cleansheet.org.uk or call our helpline: 0300 123 3045. Alternatively, come and visit our website: cleansheet.org.uk.



Sam (Samantha) Graham
Chief Operating Officer
Clean Sheet

REV ANDY RIDER

Director of Chaplaincy



In 538 BC the Exiles returned from Babylon to their beloved but destroyed Jerusalem and set about rebuilding the city wall.

Nehemiah 2:20-3:7
Nehemiah declared "The God of heaven will give us success. We, his servants, will start rebuilding Jerusalem." Eliashib the high priest and his fellow priests began to rebuild the Sheep Gate as far as the Tower of the Hundred, and the Tower of Hananel. The men of Jericho built the adjoining section, and Zakkur son of Imri built next to them.

The Fish Gate was rebuilt by the sons of Hassenaah. Meremoth repaired the next section. The Jeshanah Gate was repaired by Joiada and Meshullam. They laid its beams and put its doors with their bolts and bars in place. Next to them, repairs were made by men from Gibeon and Mizpah

It sounds just like the rebuilding that will be required across the Donbas region of the Ukraine. It also sounds like 'everyone doing their bit.' This month's Breakout theme is 'Under Construction' for there is much happening right across Langley this year, not rebuilding ruins but rather developing our services and extending our supporter network. And it requires us all to do our bit.

If you are a prayer supporter, a project worker, a director or a volunteer gardener, the finished product will look, feel and be so much better if you play your part in the ongoing construction of Langley.

We may not all feel like we are always ready for new things so, 'May God strengthen the weak and support the exhausted, for he says to those who are confident and those who are anxious "Be strong, your God will come and save you.'" (Isaiah 35:4)

Thank you for your part in Langley. God bless you.



Rev Andy Rider
Director of Chaplaincy
Langley House Trust

he says to those who are confident and those who are anxious "Be strong, your God will come and save you." Isaiah 35:4

We are UNDER CONSTRUCTION at the moment, and really keen to review and make changes where necessary to the ways and the whys of our communication with you.

As supporters of Langley, you are integral to all our accomplishments, whether that be contributing to a client's sense of belonging and worth, or by donating to the provision of and the extension of our work.

We truly cannot say thank you enough for your support and friendship to us or express the impact your support has on our client's lives.

As we review our Breakout magazine and how we communicate with you, we want to really understand you as individuals more, and how we can best serve you in return. We'd love to piece together the bigger picture of who you are, what is important to you, and what you would like to see from us?

Please consider taking 5-10 minutes to complete the following questionnaire,

with as much detail as you can give. Then pull out the pages of the questionnaire, pop them into the envelope provided, and send your answers on their way. The envelope is pre-paid for and already has our address on it, so it won't cost you a penny.

However, to reduce our carbon footprint and postage costs we'd really appreciate it if you'd consider filling in the questionnaire electronically, please visit: forms.office.com/e/bGHC0LT69s or scan the QR code below on your mobile phone or tablet.

Thank you so much in advance and we look forward to reading your response and making some exciting and important changes.



Scan me using your smartphone or tablet to fill the questionnaire out online!



ABOUT YOU

This section will help us to identify the different demographics of our supporters, as well as helping us to understand you a little better as an individual.



Any questions with a * means these questions are mandatory

Your name (first & last)*:

Email and/or contact number*:

Home address*:

ABOUT YOU

Which is your preferred method of contact? *

Email Phone Post

Which age bracket do you belong in? *

18-24 25-34 35-44
 45-54 55-64 65-74
 75-84 85-94 95 or over

Which one of the following areas do you live in? *

Northwest Northeast
 Yorkshire and the Humber
 West Midlands East Midlands
 East of England London
 Southwest Southeast

Are you a Christian? *

Yes No (A different religion)
 No (I have no religion)

If you are a member of a Church and are happy to let us know which Church you attend, please do so here:

How did you first hear about / come to support Langley House Trust? *

ABOUT OUR MATERIALS

These questions relate to the publications and communications we send you, including the Breakout magazine and Prayer Diary.

Our supporter's magazine is currently called 'Breakout'. What do you think of this name? *

I like it I dislike it Neutral

What does 'Breakout' make you think of? *

If you dislike the name 'Breakout', do you have any name suggestions or ideas you would like us to consider? *

What type of articles / features (if any) do you particularly like reading in Breakout, and would like to continue seeing? *

What types of articles / features (if any) do you dislike or tend to skip past? *

Is there anything you'd like to read about in Breakout that we do not usually feature / feature often? What topics and news would you particularly be interested in hearing about from us? *

Is there anything else you'd like to feedback at all about any of the publications and communication we send you, e.g. Breakout, Prayer Diary, Annual Review, thank you letters, appeal letters, etc.

ENGAGING WITH YOU

Your answers to the following questions will help us to understand how much or how little you'd like to engage with Langley as a whole.

Are you happy with how frequently we contact you? *

I am happy with the current frequency I would like to hear MORE I would like to hear LESS

Keep going! Not long to go now...

We are hoping to expand on the ways in which we communicate with you. Which of the following (if any) would you be interested in participating in? Please feel free to also add any other ideas you might have: *

- Coming together online to pray with Langley staff and volunteers
- Attending online or in-person focus groups to help us shape our work and offer different perspectives
- Meeting with senior members of Langley e.g. the CEO for lunch to thank you for your support personally
- Attending some of our other events e.g., conferences where you could meet and hear directly from some of our clients and staff members
- Other...

How do you personally appreciate being thanked and acknowledged for your support, and is there anything you feel we could do better to keep you updated and ensure you feel like a valued member of the Langley Family? *

CONTACT PREFERENCES

We asked you a while ago to update us regarding your communication preferences, as we are now able to send an electronic copy of our magazine and prayer diary to those who prefer electronic communications to physical post.

Please update / remind us below of your communication preferences so we can update our records accordingly.

Please let us know or remind us of your contact preferences going forward: (please note for us to update your preferences accordingly you'll need to have provided your name as a minimum in the details above) * Please only select one

- I'd like to receive Breakout and Prayer Diary by post, but all other Langley communications via email
- I'd like to receive Breakout and Prayer Diary by email, but all other Langley communications via post
- I'd like to receive all Langley communications via post
- I'd like to receive all Langley communications via emails

FINAL THOUGHTS

Please use this space to feedback anything else you'd like us to know:

Don't forget to pull this centre section out of the booklet, fold, pop it in the envelope provided and post!

LATEST NEWS!



Alpha online has begun its second course. This has been made available to all staff and volunteers at Langley. The first course was run in the autumn and was such a success that the Chaplaincy team decided to run it again. Please pray for the people both attending and running the course.

VOLUNTEER CHAPLAINS

We'd love more!

Langley has had a few new Chaplains join us in the past few months, but we are looking for more. We are looking for Chaplains who can join our teams nationwide and help us to further the spiritual aspect of our work. For an informal chat and information about how to apply, please contact Paula Smithson our Chaplaincy Manager.

p.smithson@langleyhousetrust.org
07734 147314

Work with us

LANGLEY CAREERS

We have some exciting roles available here at Langley! Roles for HR, Fundraising & Care, just to name a few. If you know someone who has a passion for what Langley does, please direct them to our website where all our jobs are listed.

langleyhousetrust.org/jobs/

In Remembrance

LORD RAMSBOTHAM

Langley House Trust are very grateful for all the support Lord David Ramsbotham has given to the Trust over many years as both a patron and friend. We are deeply saddened to hear that he has passed away. His family and friends will be in our thoughts and prayers.

Many staff and trustees will personally remember Lord Ramsbotham, his warm support of our work was unstinting, he was a tireless and passionate advocate for rehabilitation, prisoners' rights and a fairer justice system.

We are incredibly grateful for Lord Ramsbotham's support over many years. May he rest in peace.



Lord Ramsbotham (Left) pictured in 2017 with our CEO Tracy (Middle) and former Chair of Trustees Malcolm (right).

SERVICE SPOTLIGHT

Mariposa House



Mariposa House is a ten-bed, en-suite accommodation, for women. It is set in peaceful grounds in Abbey Wood, Southeast London. The team support and encourage clients to progress in their journey towards recovery in the community. Mariposa provides the women with a safe and caring environment where their needs and wishes are listened to and supported.

I visited Mariposa House at the start of 2023 and was struck by its peaceful atmosphere; both of the staff team and of the clients. The name, Mariposa, was chosen by one of its clients when it first opened. Mariposa is the Spanish word for butterfly. There are over 20,000 varieties that we know of in the world and each one is different. Now that's a lot of butterflies and an awful lot of designing to be done.

When a caterpillar is first born, it can eat its own body weight in leaves every day. They grow by 30,000 times their birth weight! Then they get into a cocoon and literally die to themselves. The parts that make a butterfly; the antenna, the eyes, the legs; aren't part of a caterpillar. After a time, it emerges as this new living thing, each uniquely created. The senses that they have mean that they can find the right flower up to 1 mile away. They are built to be perfect both visually and mechanically. Wow!

Whilst at Mariposa I met a client who has lived there for the past 6 months. After a process of due diligence, the client was offered a place at Mariposa. The team have just seen the client go from strength to strength. For them, Mariposa is a place where they could rest, be restored, and start moving onto a new path with the help and support of staff that saw beyond the

offence. She has improved her confidence and she has hope that her past will not define her future, which is a key theme of our rehabilitative framework and as a trauma-informed service.

During my visit to Mariposa, I was invited to a residents meeting. The women talked about their hopes and dreams for the year. Some wanted to visit different places. One wanted to finish her college course and find a job in her chosen trade. One wanted simply to ensure that the film night was a fun experience for everyone. To watch these women in community, talking, laughing, looking after each other, was a real privilege.

The bible talks about us dying to ourselves. Romans 12:2 says, 'Don't copy the behaviours and customs of this world, but let God transform you into a new person by changing the way you think.' Now I know God won't turn me into a butterfly, but I believe that if we let Him, we can die to our old ways and become a new. This gift of grace is freely available to all.

The name Mariposa fits so perfectly with the restorative work being done. Women cocooned in the peacefulness of an environment that cares for them, readying them for a journey of transformation as they grow their 'butterfly wings'. At Langley, we believe that your past mistakes should not define you.

Langley is

65

1958-2023

2023 is shaping up to be a very exciting year for us! This year Langley House Trust turns 65!

65 years of providing life-changing care and support to individuals seeking crime-free futures and restoration is certainly something to shout about.

To celebrate our 65th birthday we will be running lots of fun and thought-provoking events, campaigns, and initiatives. We'll be celebrating with our clients, our staff and volunteer teams, our supporters, and for many of us our own family and friends as we embark on fundraising ventures and spread the word about how Langley came to be in 1958 – and all the incredible work we have done since!

We would love to invite **YOU** to celebrate with us!

Our vision is to have hundreds of people across the nation participating in a variety of activities to raise money and awareness for Langley. We have staff members who have already committed to hiking and cycling their way across the country, and we can't wait to share some of their upcoming adventures with you. We have a dedicated page on our website where we have given you some fundraising ideas.

Fundraising for and / or raising awareness of Langley's work can be as simple of as intricate as you'd like! You may like the idea of taking on a big challenge or prefer to just have a chat about Langley over a cup of tea with some friends. Whatever you decide – we hope you join us in raising your voices in celebration for our birthday.

Just for fun, we have come up with some fundraising ideas with '65' as a theme!

- Run a bake sale! Set a challenge to bake and sell 65 cakes... or if you're really feeling brave – 650!

- Take part in a 6.5-mile hike or run – some of our Langley staff are even braving a 65-mile hike together.
- Run a fancy dress day at your office or Church! People could pay a small fee to turn up in fancy dress – you could even make it into a competition. 60's themed for our 65th?
- 'Sell 65 of Your Skill' – do you have a certain skill you'd like to share? Maybe you're cracking at crochet or have a poetic flare? You could use your skills to create and sell! E.g., 65 crocheted doily's or 65 personalised poems.
- How about hosting a quiz night with 65 questions?
- A litter pick with a challenge to pick up 65 pieces of litter as a minimum.
- Do you fancy yourself a footballer? Why not try a sponsored 'Keepy Uppy' contest? Your goal could be 65 in a row.

There is no need to choose a theme though – you could participate in any kind of activity you'd like!

However, you would like to get involved – we are right here with you! We are happy to help talk through any ideas you might have and provide you with some resources too like collection boxes and sponsorship forms. We're keen to know what you're up to and share your good news stories every step of the way and give you words of encouragement from our teams here at Langley.

We'll be sharing more about our 65th birthday in our next edition – so keep an eye out for that, too! But it's not too early to start your fundraising activities now, so get your thinking caps on and enjoy whatever challenge you choose!

Don't forget to keep us posted:
fundraising@langleyhoustrust.org

We can't wait to hear what you get up to!

Bags of HOPE Appeal Update

As many of you will know, we love prayer at Langley. We pray often; whether we are praying for guidance and opportunities, giving thanks, praying with or for our staff teams and clients, or praying for those who support us. We have an incredible prayer support system in many of you too, who we know pray for us diligently and regularly.

I have no doubt in saying that the outcome of our recent 'Bags of Hope' appeal was truly an answer to prayer.

In our Christmas appeal, we asked you to help us fund the provision of 'Bags of Hope' to our supported living clients who often arrive at our services with very few

physical possessions and very little hope. Rather than showing them around and then closing their bedroom door at the end of the day leaving them with nothing of their own; we wanted to be able to present clients with a welcome pack full of items they might need or like to help give them a sense of belonging in our services. Whether food, drinks, hygiene products or other small token items – we felt this gesture would make a huge difference in new clients feeling more comfortable upon their arrival to service and instilling a sense of belonging.

Thanks to your incredibly generous donations we have thus far raised a whopping:

£10,957

Thanks to your shared desire to see all of our clients receive that extra meaningful and practical welcome to our services, we now have enough funds to drive the 'Bags of Hope' initiative forward and provide an additional level of care and warmth to individuals starting their journey with Langley to a crime-free future. You have truly gone above and beyond in your support for us in response to this appeal, meaning that we are likely to be able to keep providing Bags of Hope to newcomers for 2024 as well!

So, to all of you who donated to the Bags of Hope appeal, shared our work, or prayed over the success of this venture, please accept a very heartfelt THANK YOU from all of us at Langley for providing hope where there may otherwise be very little.



Energy Hardship Fund

Please help if you can

Langley has established a Hardship Fund to support our clients who are struggling to pay their energy costs this winter.

Could you consider using your government-funded energy credit to support Langley in this? Any amount you give will be allocated to the fund and distributed to support those in need and give them a helping hand.

To give in this way please donate in the usual way via cheque or online donation but please make clear you wish the donation to go to the "Energy Hardship Fund"



To donate online please go to: langleyhoustrust.enthuse.com or scan the QR code here with your phone/tablet

READY... STEADY... GO! (With a twist!)

Our Senior ICT Officer, Darren James, has set a date for his Langley fundraiser 'Triathlon with a Twist'.

On May 26th, Darren will be starting his adventure at Drayton Water. He's currently 55% of the way to his financial target. Let's help him get to 100%! You can sponsor him here:

langleyhoustrust.enthuse.com/pf/triathlon-with-a-twist-2022



Scan this code to donate and help Darren reach his target!



Langley House Trust is an innovative Christian charity that provides specialist housing, programmes and support services in the community, and targeted advice in prisons for offenders seeking to live crime-free. Since 1958 we have earned an enviable reputation for reducing reoffending with proven results.

A big THANKYOU!

As ever we'd like to take time to say a big THANK YOU to all of you who have donated to us over the last few months, prayed for us, or shared our work.

We simply could not provide the care and support to individuals that we do without your support.

Thank you to everyone who has donated to our 'Bags of Hope' appeal – we have included a bigger update on this appeal and an even bigger thank you on page 18.

Thank you also to those of you who have continued to support with what we call 'general donations' which go towards any services or initiatives within Langley where they are most needed – whether it be crucial maintenance work, helping launch new workshops for clients, furniture for our care homes, or even training for our staff. Your support is so gratefully received.

LANGLEY HOUSE TRUST

Helping People to Live
Crime-Free Lives

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KAINOS COMMUNITY

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Registered Charity No. 1076206
Company No. 3771649

CLEAN SHEET

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cleansheet.org.uk

Registered Charity No. 115034

Twitter: @CleanSheet_UK

Part of the Langley House Trust Group:

**LANGLEY
HOUSE TRUST**
HELPING PEOPLE TO LIVE CRIME-FREE LIVES

**KAINOS
COMMUNITY**
CHALLENGE TO CHANGE

